

Our Team

Claire Howells — Centre Manager
Joanne Gummerson — Administrator
Vicky Evans — Senior Outreach Worker 0-5
Emily Lambert — Family Outreach Worker 0-5
Pudsey Cluster — Cluster Outreach Worker 5-11
Amrit Kaur — Chair of Advisory Board

Useful Numbers

Police (Non emergency) 101

NHS Helpline 111

Pudsey Cluster (Over 5's)

0113 387 1885

Leeds Domestic Violence Helpline

0113 246 0401

Men's Domestic Violence Advice Line

0808 801 0327

Leeds Welfare Support

(Help with food and household bills) 0113 376 0330

Leeds Welfare Rights

(Free confidential benefit advice) 0113 376 0452

Universal Credit Helpline

0800 328 5644

Leeds Housing Options

0113 222 4412

Leeds Crisis Team / Mental Health Helpline

0800 183 1485

Better Leeds Communities (Offering practical debt solutions and services)

0113 275 4142

Citizens Advice Leeds

0808 278 7878

Leeds Dental Advice Line

0800 298 5787

Family Information Service (www.familyinformationserviceleeds.co.uk)

0800 731 0640

Forward Leeds (Alcohol & drug service for Leeds)

0113 887 2477 www.forwardleeds.co.uk

Leeds Community Healthcare Hub

(The Early Start Health Visiting Team) 0113 843 5683



What's On at Farsley/Calverley Children's Centre Spring 2025

Farsley/Calverley Children's Centre offers a wide range of groups and activities for local families with Children aged 0-5 years.

What We Offer

Vicky and Emily support families with children aged 0-5 years.

Pudsey Cluster supports families with children aged 5-11 years.

We can support you both in the home, at the centre or in the community.

We offer information on childcare, training, activities and groups in the community.

For more information please contact the Centre.

We also have a breast pump available for loan for those needing extra support with breast feeding.



Contact us

Farsley/Calverley Children's Centre

Farsley Farfield Primary School

Infant Site, (North Building) , Cote Lane

LS28 5ED

Tel: 0113 2058134

Email: childrenscentre@farsleyfarfield.org.uk

www.facebook.com/farsleycalverleychildrenscentre

and Instagram: @farsley_calverley_cc



Spring Term 2025

Monday

Breastfeeding Peer Support Group

9:30-11am

Well Being Centre, Robin Lane,
No need to book drop in's
welcome



Tuesday

Family Learning 9.00—11.30am

New course coming soon

*Starting 14th January for 11 weeks
A fun and creative group for adults.*

Booking is essential

*Please contact the Centre
for more information*



Wednesday

Parent and Toddler Group

9:00-10:45am (Term time only)

*A fun session for children to enjoy new
experiences and meet other children.*

Please contact Vicky or Emily at the Centre.

Booking is essential

£2.00 per child, 50p sibling



Thursday

Play and Learn for under 2's

1:00-2:15pm (Term time only)

*A chance to meet parents and enjoy fun
activities with your child.*

*Contact Vicky at the Centre for more
information. £1.50 per family*

Booking is essential



Friday

Baby Massage 5 Week course

Starting 10th January 2025

10.00-11.00am

Farsley Calverley Children's Centre

Booking is essential -£30.00 for course

Come and join Vicky to learn techniques to mas-
sage your baby in line with IAIM. Contact the
Centre to book your place on 0113 205 8134



ROSPA

*Please contact the Centre if you
would like to book a home safety assessment.*



Courses & Groups coming soon

*Please contact the Centre on 0113 205 8134 if you
are interested in attending any of the
following courses and groups*



Preparation for Birth and Beyond

Helping parents-to-be prepare for
the arrival of their baby and after birth
experiences. Speak with your **Midwife** or **Health
Visitor** for more information on 0113 843 5683

Starting Solids

FREE One off 2-hour session looking specifically at
weaning your baby. The course allows you to ask any ques-
tions relating to weaning including baby led weaning.

First Aid Monday 27th January

10.00 am—12.00

Parent First Aid for children birth to 5 years old.

2 Hour course £10.00 per person

Contact the Centre to book your place
on 0113 205 8134

HENRY

Health, Exercise and Nutrition for the Really Young-
gives young children a healthy start in life and helps
prevent child obesity. The course recognises that
emotional well-being and confident responsive
parenting are just as important for a healthy lifestyle
as nutrition and activity.

Incredible Babies/Incredible Toddlers

Incredible Babies is a programme for parents/carers of
babies aged 0 to 12 months. This programme promotes
social, emotional, physical and language development by
increasing parent's positive relationships, secure attachment
and understanding of their baby's needs.

Incredible Toddlers is a programme designed to teach
parents how to foster positive child development, positive
relationships and effective techniques for dealing with
common problems such as crying, sleeping and behaviour
issues. Suitable for parents of children aged 1 to 3.