



# Physical Education @ Farsley Farfield Primary School

## Intent

Our intent is to provide, and continuously improve, a physical education curriculum that is inclusive of all pupils. We seek to understand children's varying levels of physical and cognitive ability; support and challenge their abilities, improve their knowledge and give them the cultural capital to succeed in life.

Farsley Farfield wants all children to enjoy a range of sports and experiences and excel to their very best physical abilities: to have the chance to develop their skills year on year and feel confident to use previous knowledge from other experiences and interlink it with new challenges. This incorporates their physical fitness, mental health and wellbeing and having the knowledge to ensure a balanced and healthy lifestyle.

Farsley Farfield strives to offer as many sporting opportunities to all its pupils as possible to support their social, health and wellbeing through competitions, team games and school activities - thus, motivating them to build their resilience, fairness, teamwork, and show respect for others.

## Implementation

At Farsley Farfield we know that it is important to implement an effective and high-quality physical education curriculum. We seek and positively exploit 'expert' contributions to the curriculum from within our own staff, wider community and commercial partners.

As a school, we follow the [Complete PE](#) scheme of work; enabling staff to plan and develop pupils' skills in conjunction with the schools in-depth [Progression of Skills Document](#). This ensures all children make progression throughout the school and are challenged and supported at their appropriate level. This is built upon each year to help build their knowledge, resilience, confidence and skill levels to provide them with the tools to learn their own and others' strengths and areas to develop.

We also provide the children with a variety of engaging extra-curricular and competitive sporting events as well as outdoor and adventurous activity challenges. This approach is to support the children to learn independently the benefits of sport not only on the health of their body but also on their mental well-being.





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## **Impact**

Our aim is to improve all children's physical and mental wellbeing as well as their fitness and skill levels; provided through the ongoing curriculum with a holistic approach to meet every child's needs.

To achieve the most impact, it will be delivered though not only the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health, fitness and wellbeing.

Our impact is motivated children who use the knowledge and skills they have been taught in an independent, resilient and effective way in order to live happy and healthy lives.

