

Whole school curriculum overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times	Physical health and wellbeing What keeps me healthy?	Drug, alcohol and tobacco education Tobacco is a drug	Identity, society and equality Democracy and citizenship	Physical health and wellbeing In the media	Keeping safe and managing risk  Keeping safe - out and about
Autumn 2	Keeping safe and managing risk  Feeling safe	Mental health and emotional wellbeing Friendship	Keeping safe and managing risk  Bullying – see it, say it, stop it	Drug, alcohol and tobacco education  Making choices	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Drug, alcohol and tobacco education  Weighing up risk
Spring 1	Identity, society and equality Me and others	Keeping safe and managing risk  Indoors and outdoors	Mental health and emotional wellbeing Strengths and challenges	Physical health and wellbeing What is important to me?	Keeping safe and managing risk  When things go wrong	Identity, society and equality Human rights
Spring 2	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Drug, alcohol and tobacco education  Medicines and me	Identity, society and equality Celebrating difference	Keeping safe and managing risk  Playing safe	Mental health and emotional wellbeing Dealing with feelings	Mental health and emotional wellbeing  Healthy minds
Summer 1	Mental health and emotional wellbeing Feelings	Sex and relationship education  Boys and girls, families	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Sex and relationship education  Growing up and changing	Drug, alcohol and tobacco education  Different influences	Sex and relationship education  Healthy relationships / How a baby is made
Summer 2	Careers, financial capability and economic wellbeing My money	Sex and relationship education  Boys and girls, families	Physical health and wellbeing What helps me choose?	Sex and relationship education  Growing up and changing	Careers, financial capability and economic wellbeing Borrowing and earning money	Sex and relationship education  Healthy relationships / How a baby is made



The red flag demarcates lessons which link directly to safeguarding