



# Year 5

## Physical Education 2018-19

Here at Farfield we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE curriculum that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.



PE will take place for Year 5 on **Mondays**. PE will take the whole afternoon: a session of 'Strength, Agility and Quickness' activities followed by a module of PE. We would like your child to have an element of choice for their main PE lesson but **all children will be allocated one half-term of cricket and football during the year.**



Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



**Please return this booklet to school by Thursday 6<sup>th</sup> September.**

**Don't forget to add your child's name!**



Name of child: \_\_\_\_\_

Please indicate how confident your child is at riding a bicycle.

Very confident

Confident

Not very confident

My child cannot ride a bicycle

### Autumn Half Term 1 (Sept-Oct)

Module	Description	Staff	Venue and max group size	Your choice 1-4
<b>Cricket</b>	Cricket skills and drills	External coach	Field 20	
<b>Cycling</b>	Basic cycling skills <b>for less confident cyclists.</b> We have a number of bicycles to borrow from school but ideally bring your own	Coach from Bradford Cycling	Grounds 8	
<b>Hockey</b>	Hockey skills and drills	Miss Jones	KS2 hall/Yard 16	
<b>Athletics</b>	Athletics/multi-skills - running, jumping and throwing	Miss Levett	Field 16	

### Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-4
<b>Football</b>	Football skills and drills	External coach	Field 20	
<b>Dance</b>	Contemporary dance	Miss Levett	Infant hall 16	
<b>Gymnastics</b>	Basic gymnastic skills	Miss Jones	KS2 Hall 16	
<b>Cycling</b>	Basic cycling skills <b>for less confident cyclists.</b> We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford Cycling	Grounds 8	

## Spring Half Term 1 (Jan – Feb)

Module	Description	Staff	Venue and max group size	Your choice 1-3
<b>Football</b>	Football skills and drills	External coach	Field 20	
<b>Hockey</b>	Hockey skills and drills	Miss Jones	Yard/Field 20	
<b>Dance</b>	Street dance	Miss Levett	KS2 Hall 20	

## Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-4
<b>Football</b>	Football skills and drills	External coach	Field 20	
<b>Gymnastics</b>	Gymnastic skills	Miss Jones	KS2 hall 14	
<b>Tri-Golf</b>	A fun, energetic version of golf	Miss Levett	Grounds 14	
<b>Gaelic Football</b>	Gaelic Football	External coaches	Field 12	

## Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
<b>Athletics</b>	Athletics, running, throwing and jumping skills	Miss Jones	Field 20	
<b>Netball</b>	Netball skills and drills	Miss Levett	Yard 20	
<b>Cricket</b>	Cricket skills & drills	External coaches	Field 20	
<b>Cycling</b>	Basic cycling skills <b>for less confident cyclists</b> . We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford Cycling	Yard Up to 8	

## Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-3
<b>Tennis</b>	Tennis skills and drills	Miss Jones	Yard 16	
<b>Tri-Golf</b>	A fun, energetic version of golf	Miss Levett	Grounds 22	
<b>Cricket</b>	Cricket skills & drills	External coaches	Yard 22	

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**Don't forget to add your child's name!**

