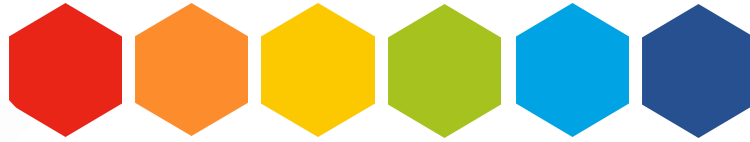


Physical Education 2014-15



Years 5 & 6

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE offer that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.

PE will take place for Years 5 & 6 on **Tuesdays**. PE will take the whole afternoon: a session of 'Speed, Agility and Quickness' activities followed by a module of PE **of the child's choice** subject to availability and the need to provide a broad PE curriculum.

Inside this booklet, you will find a selection of modules for each half term. Please choose a first, second, third and fourth choice for each half term. We will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities and we also need to ensure that your child gets a balanced curriculum. If your child doesn't choose any modules for gym, dance or games, for example, we may just allocate one!

Please note: Do not put a 1 against any of the 'external providers' for tennis or bouldering if your child did this course last year as these are intended merely as introductions and we need to allow other children a chance to access them.

Children **are** allowed to put a 1 against Gym Magic and Judo for a second session, but priority will be given to those that didn't do those activities last year.

Name _____

Autumn Half Term 1 (Sept-Oct)

Module	Description	Staff	Venue and max group size	Your choice 1-5
Games	Invasion games including 'Capture the Flag'	Mr Tiffany	Yard/field (28)	
Dance	Capoeira (Afro-Brazilian martial arts discipline that combines fight, dance, rhythm, acrobatics and music)	Mr Wilkinson	South Hall (28)	
Athletics	Running, jumping and throwing multi-skills	Mrs Hoyle	Yard/field (28)	
Games	Tennis	Mr Cooke	Rawdon Tennis Club (16)	
Judo	Judo skills with Pudsey Judo Club	Mrs Young and coach Dave Taylor	Pudsey Judo (16)	

Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-5
Gymnastics	'Moving on' gymnastics for the more confident and able	Mr Tiffany and coach	Gym Magic (20)	
Gymnastics	Basic gymnastic skills	Mrs Hoyle	South Hall (24)	
Box-ercise	A high-energy workout	Mr Wilkinson	North Hall (24)	
Games	Football skills (boots req'd)	Mr Cooke	Field (26)	
Outdoor and Adventurous Activities	Introduction to bouldering	Mrs Young and two instructors	The Depot (12)	

Spring Half Term 1 (Jan – Feb 2014)

Module	Description	Staff	Venue and max group size	Your choice 1-5
Games	Invasion Games!	Mr Wilkinson and Mr Cooke	Farsley AFC Hall (32)	
Games	Rugby skills (requires boots)	Mr Tiffany	South yard or field (28)	
Dance	Urban-style dance	Mrs Hoyle	South Hall (30)	
Outdoor and Adventurous Activities	Introduction to bouldering	Mrs Young and two instructors	The Depot (12)	

Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-5
Games	Invasion games – Rugby (requires boots)	Mr Wilkinson	Field (30)	
Dance	Urban style dance	Mrs Hoyle	South Hall (30)	
Games	Tchoukball (Google it!)	Mr Cooke and Mr Tiffany	Farsley AFC Hall (32)	
Gymnastics	Gymnastics for the less confident and able	Mrs Young and coach	Gym Magic (16)	

Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Games	Ultimate Frisbee	Mr Cooke	Top field (24)	
Cycling	Cycling skills and challenges for the more confident (we have a few bikes to borrow, but ideally bring your own)	Mr Tiffany with coach/es from East Bradford Cycle Club	Yard and Bottom field (24)	
Athletics	Running, throwing and jumping. What's your personal best?	Mrs Hoyle and Mrs Young	Middle Field (28)	
Box-ercise	A high-energy workout	Mr Wilkinson	South Hall (24)	

Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-5
Games	Cricket skills	Mr Cooke	Field and yard (26)	
Athletics	Athletics multi-skills	Mr Tiffany	Field (28)	
Games	'Tri golf'	Mrs Hoyle	Top field (16)	
Games	Tennis	Mr Wilkinson with Mr Sowden from Rawdon Tennis Club	Rawdon Tennis Club (16)	
Games	Netball skills and games	Mrs Young	Yard (16)	