



Year 5

Physical Education 2017-18

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE curriculum that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.



PE will take place for Year 5 on **Mondays**. PE will take the whole afternoon: a session of 'Strength, Agility and Quickness' activities followed by a module of PE. We would like your child to have an element of choice for their main PE lesson but **to ensure we provide a broad PE curriculum, all children will be required to do one half-term of football, dance and athletics.**



Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



Please return this booklet to school by Thursday 7th September.

Don't forget to add your child's name!



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**schools awards
2017**

Winner

Healthy school of the year



Name of child: _____

Please indicate how confident your child is at riding a bicycle.

Very confident	<input type="checkbox"/>	Confident	<input type="checkbox"/>
Not very confident	<input type="checkbox"/>	My child cannot ride a bicycle	<input type="checkbox"/>

Autumn Half Term 1 (Sept-Oct)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Football	Football skills and drills	Coaches from Next Generation Football	Field 20	
Cycling	Basic cycling skills for less confident cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Mrs Harrison with coaches from Bradford Cycling	Grounds 8	
Tennis	Tennis skills and drills	Miss Bradley	Yard 12	
Athletics	Athletics/multi-skills - running, jumping and throwing	Miss Levett & Mr Little	Field 20	

Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Football	Football skills and drills	Coaches from Next Generation Football	Field 20	
OAA Bouldering	Bouldering	Mrs Harding and instructors from The Depot	The Depot 16	
Gymnastics	Basic gymnastic skills	Miss Bradley & Miss Levett	KS2 Hall 24	

Spring Half Term 1 (Jan – Feb)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Football	Football skills and drills	Coaches from Next Generation Football	Field 20	
Gymnastics	Gymnastics skills (advanced group)	Mr Little and instructors	Gym Magic 16	
Dance	TBC	Miss Levett and Miss Bradley	KS2 Hall 30	

Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Football	Football skills and drills (advanced group)	Coaches from Next Generation Football	Field 22	
Cycling	Basic cycling skills for less confident cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford Cycling	Yard 8	
Dance	TBC	Miss Levett and Miss Bradley	KS2 Hall 30	

Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Athletics	Athletics, running, throwing and jumping skills	Miss Levett	Field 20	
Tennis	Tennis skills and drills	Miss Bradley	Yard 16	
Tennis	Tennis skills and drills (advanced group)	Mrs Harding	Rawdon Tennis club 16	
Cycling	Basic cycling skills for less confident cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford Cycling	Yard 8	

Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Tennis	Tennis skills and drills (advanced group)	Mr Little	Rawdon Tennis club 16	
Athletics	Athletics, running, throwing and jumping skills	Miss Levett	Field 22	
Cricket	Cricket skills	Miss Bradley & external coaches	Yard 22	

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