Physical Education 2014-15

Year 3

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE offer that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.

Last year, we changed the way in which KS2 PE is organised. After a review, we have decided to repeat and build upon this model this year.

PE will take place for Year 3 on **Fridays**. PE will take the whole afternoon: a session of 'Speed, Agility and Quickness' activities followed by a module of PE **of the child's choice** subject to availability and the need to provide a broad and balanced PE curriculum.

Inside this booklet, you will find a selection of modules for each half term. Please choose a first, second, third and fourth choice for each half term. We will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities and we also need to ensure that your child gets a balanced curriculum, ideally including at least some gymnastics, games, dance and athletics.

Please return this booklet to school before the end of the week. **Don't forget to add your child's name!**

<u>Autumn Half Term 1 (Sept-Oct)</u>

Module	Description	Staff	Venue and max group size	Your choice 1-4
Games	Striking and fielding	Mrs Charlesworth	Field (20)	
Games	Mixed Ball skills	Mr Garlick	Yard and field (20)	
Gymnastics	For beginners or those lacking confidence	Mrs Daniels	Gym Magic (15)	
Dance	Latin style	Mrs Sloan	South Hall (12)	

Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Games	Invasion Games!	Mrs Charlesworth	Field and yard (20)	
Games	Mixed ball skills	Mr Garlick	Yard and field (20)	
Gymnastics	For children more experienced or confident	Mrs Daniels	Gym Magic (15)	
Dance	Street Dance styles	Mrs Sloan	South hall (12)	

Spring Half Term 1 (Jan – Feb 2014)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Games	Football skills and drills	Mr Garlick	Field and yard (24)	
Gymnastics	For beginners or those lacking confidence	Mrs Charlesworth	Gym Magic (15)	
Dance	Dance around the World (Bollywood and Latin)	Mrs Sloan	3C (12)	
Gymnastics	Gymnastic skills development	Mrs Daniels	South Hall (24)	

Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-3
Games	Invasion Games	Mrs Charlesworth	Field and yard (24)	
Dance	Cyber-coach Cheerleading	Mrs Daniels and Mrs Sloan	South Hall (26)	
Gymnastics	For children more experienced or confident	Mr Garlick	Gym Magic (16)	

Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Games	Mini-hockey	Mrs Charlesworth	Yard (20)	
Athletics	Running, jumping and throwing	Mrs Daniels	Yard and field (24)	
Games	Tchoukball (Google it!)	Mr Garlick	South Hall (16)	
Dance	Street Dance styles	Mrs Sloan	3C (12)	\circ

<u>Summer Half Term 2 (June - July)</u>

Module	Description	Staff	Venue and max group size	Your choice 1-3
Games	Small ball and racquet/bat skills	Mrs Charlesworth	Field and yard (20)	
Athletics	Athletics multi- skills	Mrs Daniels and Mrs Sloan	Field and yard (24)	
Games	Football skills and drills	Mr Garlick	Field (24)	