

Farsley Farfield: Physical Activity



Our approach is based on 5 themes, each of which involves every child:

- Growing Food and developing horticultural knowledge
- Cooking Food and Understanding Nutrition
- Intercepting and Using Supermarket Waste Food
- **Innovative award-winning PE provision that gives children a wide range of PE experiences**
- **Outstanding outdoor and adventurous activities**

Innovative award-winning PE provision that gives children a wide range of PE experiences

Farfield has a proud sporting past – former pupil [Nile Wilson](#) won bronze in last year's Olympics in gymnastics – and we won an award for our PE provision in 2016: [the Leeds Active Schools Award for Innovative PE](#).



From Reception to Year 6, Farfield is sports and PE mad! We have two PE leaders - male and a female - and many teachers are keen sports people: from elite athletes to fun runners and bike commuters. Many teachers and TAs lead sports clubs, teams or PE groups.

We do things a bit differently in our school: for KS2 PE is a whole afternoon activity once a week and children come to school in their PE kit (no wasted changing time) and smart red hoodies that show it is a special day. The afternoon session takes the form of an hour of 'Speed, Agility and Quickness' followed by a module of their choice for half a term. This provides the children with some 'ownership' of their curriculum which is great for motivation. Each September, we [publish a menu of options for each year group](#) in each half term and the children rank the selections according to their preferences. Group sizes are often smaller than whole classes thanks to the effective use of skilled TAs and the commissioning of some specialist coaches. As a result, children often have up to 4 choices of module in any given half term.

We work hard to offer interesting PE options that engage children and open their horizons as regards the variety of physical activity that might be on offer throughout their lives. As well as the traditional PE activities that you might expect, we have had modules on: [tchoukball](#), [bouldering](#), tri-golf, Frisbee, judo, [boxercise](#), cycling, [cheerleading](#) and streetdance.



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A key element of our PE offer comes through partnership working and the use of off-site specialist facilities. Cycling is a regular PE provision thanks to our brilliant and long-standing partnership with East Bradford Cycle Club. We offer them free use of our hall for winter training and grounds for grass track competitions and, in return, they provide many, many hours of free PE coaching and after school clubs. Similarly, Next Generation football provide us with some free coaching in return for free use of a pitch on Sundays. We are the only local school that British Cycling still works with locally (their coach loves the fact that we will meet him in woodlands rather than just 'tootling' around a school yard). We have welcomed a neighbouring school's tiny Y3 cohort into our Y3 PE provision and this brings mutual benefits. Through access to three minibuses, we are able to deliver PE with partners such as Gym Magic, Rawdon Tennis Club, The Depot Bouldering Centre and Farsley AFC. Our access to these minibuses isn't 'lucky': we have committed funds to this, worked with the PTA to raise thousands of pounds and have trained many staff to be drivers.

The availability of minibuses brings huge opportunities for our basic PE provision and allows us to attend a huge range of [competitive events](#). We are part of Leeds Active schools locally and across the city. We run three football teams, as well as entering regular competitions in cricket, rugby, netball and cross country. We compete with local schools in complete year groups in multi-skills events down to Y1. We have also attended one-off competitions for gymnastics, cheerleading and bouldering.

Farfield has an extensive offer of [extra curricular clubs](#), many of which are sporting. Our children have joined sports clubs after having experienced the sports for the first time in PE, e.g. East Bradford Cycle Club, Rawdon Tennis Club, The Depot and Gym Magic.

Farfield also makes heavy use of blogging, photos and video to give an audience to our PE and sports, stimulate discussion at home and keep PE and sport high profile in the school and its community.

Outstanding outdoor and adventurous activities

OAA at Farfield is outstanding. In Year 4, every child does a half term unit that introduces OAA and climaxes with an afternoon at [Fanwoods Activity Centre](#).



In Year 5, all the children get mountain bike training with a British Cycling coach for at least two half days prior to a school-led residential in the Yorkshire Dales. During this [residential](#), we map read, go on a night walk, go caving and spend half a day mountain biking in Gisburn Forest.

In Year 6, the OAA progresses to a brilliant residential at [How Stean Gorge](#) including camping, abseiling, gorge scrambling, climbing, canoeing and via ferrata.

In addition, we take any opportunity to access other local OAA resources. Recently, this has included a [climbing tower](#) and [giant zip wire](#) – weeeeeeeeeeee!