### Outreach

Jess and Vicky are our Family Outreach Workers. Vicky and Jess support families with children aged 0-5 years. We can support you both in the home, at the centre or in the community. Some families ask for support with a specific issue, whilst others want to chat through their worries or achievements. We offer information on childcare, training, activities and groups in the community.

For more information please contact Vicky or Jess .

# **Charging Policy**

Since September 2014 there is now a £2 charge per child for crèche. Some of our adult learning courses include charges for registration fees. You will be asked to pay your registration fees **or** crèche, not both. Play and Learn Group is 50p per session. Parent and Toddler is £1 per child. Baby Massage @ FCCC £20. We want children and families to attend our activities so if these charges will prevent you from attending please speak to a member of staff.

### Who We Are....

Claire Howells — Centre Manager Jane Hickson — Administrator Vicky Evans — Senior Outreach Worker 0-5 Jess Graham— Outreach Worker 0-5

### **Useful Numbers**

*Police (Non emergency)* 101 NHS Helpline 111 Leeds Domestic Violence Helpline 0113 246 0401 National Domestic Violence Helpline 0808 2000247 Men's Domestic Violence Advice Line 0808 8010327 Support After Rape and Sexual Violence Leeds 0808 802 3344 **Pudsey Health Centre** 0113 295 3200 Children's Centre Advice Service (Formally CAB) 0113 2753498 Leeds Dental Advice Line 0800 2985787 **Family Information Service** 0800 7310640 www.familyinformationserviceleeds.co.uk

What's On at..... Farsley/Calverley Children's Centre



Farsley/Calverley Children's Centre offers a wide range of groups and activities for local families with children age 0-5 years.

#### Contact us

Farsley/Calverley Children's Centre Farsley Farfield Primary School Infant Site, (North Building) , Cote Lane LS28 5ED Tel: 0113 2058134 Email:childrenscentre@farsleyfarfield.org.uk www.facebook.com/farsleycalverleychildrenscentre

# Monday

### Childminders Drop In 9:15-10:45am

Group for registered childminders and the children in their care to take part in a fun learning experience.

Contact Nicola Anderson for more

information. 07794 832587.



# Tuesday

Family Learning—Story Sacks 12 week course

Starts Tuesday 12th September 2017

#### 9:00-11:30am

A fun and creative group for adults to encourage children's learning through play and story telling.

Crèche available. Booking is essential.

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#### Well Baby Clinic

1:00-3:00pm

<u>Appointment only</u> baby clinic.

10 minute appointments available 1.00-2.50pm.

To book an appointment

Please contact Bramley Clinic on 0113

843 0500. Please bring your red book.



# Wednesday

### Parent and Toddler Group

9:00-10:45am

A fun session for children to enjoy new experiences and meet other children. Please contact **Vicky** and **Jess** at the centre.



#### Pregnancy Birth and Beyond

A supportive course for parents to be that helps prepare you and your family for the arrival of your baby and after birth experiences. Speak with your **midwife** or **Health Visitor** for more information on 0113 843 0500.



# Thursday

Parent Space

#### Appointment only

One-to-one time to explore emotions and share worries you may have about your

child. Contact the **centre** for more information.

#### Baby Massage (5 week course)

Next course starts Thursday 14th September 2017

**10:00-11:00am** Come and join Vicky to learn techniques to massage your baby in line with the IAIM.

Booking is essential. Contact the centre to book your place

#### Henry (8 week course)

(Health Exercise Nutrition for the Really Young) Starts Thursday 21st September 2017

#### 12:45-2:45pm

Healthy Families programme for parents/carers of children 0-5 years. Free parent toolkit provided with helpful resources for your family to use.

Contact **Jess** at the centre for more information.



# Friday

Play and Learn for under 2's 2:00-3:15pm A chance to meet parents and enjoy fun

activities with your child.

Contact **Jess** at the centre for more information.

