

Year 6

# Physical Education 2017-18

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE curriculum that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.

PE will take place for Year 6 on **Wednesdays**. PE will take the whole afternoon: a session of 'Strength, Agility and Quickness' activities followed by a module of PE. We would like your child to have an element of choice for their main PE lesson; to ensure your child gets a balanced curriculum, we would like all children to choose a range of different modules (not just picking every Games option for example).

Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



#### Please return this booklet to school by Thursday 7<sup>th</sup> September.

#### Don't forget to add your child's name!





## Autumn Half Term 1 (Sept-Oct)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Cycling	Basic cycling skills for less confident cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford cycling	Yard 8	
Tennis for more able	Tennis skills (advanced group)	Mr Cooke with instructors	Rawdon Tennis club 16	
Tennis	Tennis skills and drills	Mr Sharp	Yard 16	
Athletics	Athletics/multi-skills - running, jumping and throwing	Mr Little	Field 20	

### Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-4
OAA Bouldering	Introduction to bouldering	Mrs Harding and instructors	The Depot 16	
Gymnastics	Basic gymnastic skills	Mr Sharp	KS2 Hall 14	
Athletics	Athletics/multi-skills - running, jumping and throwing	Mr Little	Farsley AFC 16	
ΟΑΑ	Outdoor and adventurous activities	Mr Cooke	KS2 grounds 14	

# <u> Spring Half Term 1 (Jan – Feb)</u>

Module	Description	Staff	Venue and max group size	Your choice 1-2
Games	Tchoukball	Mr Little and Mr Sharp	Farsley AFC 30	
Cheerleading	White Rose Cheer	Mrs Harding and external instructors	KS2 hall 30	

# Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-2
Games	Tchoukball	Mr Little and Mr Sharp	Farsley AFC 30	
Cheerleading	White Rose Cheer	Mrs Harding and external instructors	KS2 hall 30	

## Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Cricket	Cricket skills	Mr Cooke	Yard 14	
Gymnastics	Advanced gymnastics	Mrs Harding and instructors	Gym Magic 16	
ΟΑΑ	Outdoor and adventurous activities	Mr Sharp	KS2 grounds 14	
Games	Tag Rugby	Mr Little	Field 16	

## Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Tennis	Tennis skills and drills	Mr Cooke with instructors	Rawdon Tennis club 16	
Tennis	Tennis skills and drills	Mr Sharp	Yard 12	
Athletics	Athletics/multi-skills - running, jumping and throwing	Mr Little	Field 16	
Cricket	Cricket skills and drills	External coaches	Yard/Field 16	

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## Don't forget to add your child's name!

