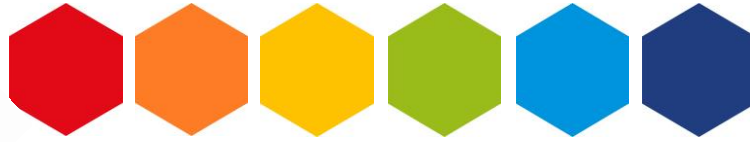


# Physical Education 2016-17



## Year 5

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE offer that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.



PE will take place for Year 5 on **Mondays**. PE will take the whole afternoon: a session of 'Speed, Agility and Quickness' activities followed by a module of PE. We would like your child to have an element of choice for their main PE lesson but also need to ensure that we provide a broad PE curriculum.



Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. **To ensure your child gets a balanced curriculum, we would like all children to do one half-term of football, gymnastics and dance during the course of the year.** Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



**Please return this booklet to school by Friday 9<sup>th</sup> September. Don't forget to add your child's name!**

Name \_\_\_\_\_

### **Autumn Half Term 1 (Sept-Oct)**

<b>Module</b>	<b>Description</b>	<b>Staff</b>	<b>Venue and max group size</b>	<b>Your choice 1-4</b>
<b>Football</b>	Football skills and drills	Miss Bradley with football coaches from Next Generation	Field 16	
<b>Cycling</b>	Basic cycling skills for selected non-cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Mrs Harding with coaches from Bradford Cycling	Yard 16	
<b>Tennis</b>	Tennis skills and drills for selected more able children	Mrs Hawkhead and instructors	Rawdon Tennis club 16	
<b>Athletics</b>	Athletics/multi-skills - running, jumping and throwing	Miss Levett	Field 12	

### **Autumn Half Term 2 (Nov – Dec)**

<b>Module</b>	<b>Description</b>	<b>Staff</b>	<b>Venue and max group size</b>	<b>Your choice 1-3</b>
<b>Football</b>	Football skills and drills	Football coaches from Next Generation	Field 16	
<b>OAA Bouldering</b>	Introduction to bouldering	Mrs Hawkhead and instructors	The Depot 16	
<b>Gymnastics</b>	Basic gymnastic skills	Miss Bradley & Miss Levett	KS2 Hall 28	

### **Spring Half Term 1 (Jan – Feb 2014)**

<b>Module</b>	<b>Description</b>	<b>Staff</b>	<b>Venue and max group size</b>	<b>Your choice 1-3</b>
<b>Football</b>	Football skills and drills	Miss Bradley and football coaches from Next Generation	Field 20	
<b>Gymnastics</b>	Gymnastics skills	Mrs Hawkhead and instructors	Gym Magic 16	
<b>Dance</b>	Around the world	Miss Levett and Mrs Harding	KS2 Hall 24	

### **Spring Half Term 2 (Feb - March)**

<b>Module</b>	<b>Description</b>	<b>Staff</b>	<b>Venue and max group size</b>	<b>Your choice 1-3</b>
<b>Football</b>	Football skills and drills	Football coaches from Next Generation	Field 20	
<b>Cycling</b>	Basic cycling skills for selected non-cyclists. We have a number of bicycles to borrow from school but ideally bring your own	Coaches from Bradford Cycling	Yard 6	
<b>OAA</b>	Outdoor and adventurous activities	Miss Bradley	KS2 grounds 14	
<b>Dance</b>	Street dance	Miss Levett	KS2 Hall 20	

## Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-3
<b>Gymnastics</b>	Advanced gymnastics	Mrs Hawkhead and instructors	Gym Magic 16	
<b>Tennis</b>	Tennis skills and drills	Miss Bradley	Yard 20	
<b>Dance</b>	Rhythmic dance	Miss Levett	KS2 Hall 24	

## Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-3
<b>Tennis</b>	Tennis skills and drills	Mrs Hawkhead and instructors	Rawdon Tennis club 16	
<b>Athletics</b>	Athletics, running, throwing and jumping skills	Miss Levett	Field 22	
<b>Cricket</b>	Cricket skills	Miss Bradley	Yard 22	

Please indicate how confident your child is at riding a bicycle.

Very confident

☐

Confident

☐

Not very confident

☐

My child cannot ride a bicycle

☐

**Please ensure you have added your child's name to the form before handing in.**

**Form must be submitted by Friday 9<sup>th</sup> September.**

