Physical Education 2016-17

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE offer that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.

PE will take place for Year 4 on **Fridays**. We would like your child to have an element of choice for their main PE lesson but also need to ensure that we provide a broad PE curriculum. Year 4 also has swimming as part of its PE offer. This takes place on **Tuesday afternoons**.

Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. To ensure your child gets a balanced curriculum, we would like all children to do one half-term of football, gymnastics, athletics and OAA during the course of the year. Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



Year 4

Please return this booklet to school by Friday 9th September. Don't forget to add your child's name!

<u>Autumn Half Term 1 (Sept-Oct)</u>

| Module | Description | Staff | Venue and max group size | Your choice 1-3 |
|------------|--|--|--------------------------|--------------------|
| Football | Football skills and drills | Football coaches from Next Generation | Field 16 | |
| Athletics | Athletics/multi-skills - running, jumping and throwing | Mr Garlick | Field 16 | |
| Gymnastics | Gymnastic skills | Mrs Kroon and Mrs Sloan with support from Mr Sutton (Priesthorpe School) | Hall 28 | |

<u>Autumn Half Term 2 (Nov – Dec)</u>

| Module | Description | Staff | Venue and max group size | Your choice 1-4 |
|----------|---|--|---|--------------------|
| Football | Football skills and drills | Football coaches from Next Generation | Field 16 | |
| Dance | Rhythmic dance | Mrs Sloan | Hall 16 | |
| Rugby | Tag Rugby | Mr Garlick | Field 14 | |
| OAA | Map work and group challenges (including a trip to Fanwood Activity Centre) | Mrs Kroon | School grounds and Fanwood Activity centre 14 | |

Spring Half Term 1 (Jan – Feb 2014)

| Module | Description | Staff | Venue and max group size | Your choice 1-4 |
|-----------|----------------------------|--|--------------------------|--------------------|
| Football | Football skills and drills | Football coaches from Next Generation | Field 14 | |
| Gym Magic | Gymnastic skills | Mrs Kroon | Gym Magic 16 | |
| Dance | All around the world | Mrs Sloan | Hall 16 | |
| Games | Tchoukball | Mr Garlick and Mrs Kaur | Farsley AFC 14 | |

Spring Half Term 2 (Feb - March)

| Module | Description | Staff | Venue and max group size | Your choice 1-4 |
|-----------------|---|--|---|--------------------|
| Football | Football skills and drills | Football coaches from Next Generation | Field 14 | |
| Gym Magic | Gymnastic skills | Mr Garlick | Gym Magic 16 | |
| OAA | Map work and group challenges (including a trip to Fanwood Activity Centre) | Mrs Kroon | School grounds and Fanwood Activity centre 16 | |
| Gaelic Football | Irish football | External instructors | Field 16 | |

Summer Half Term 1 (April - May)

| Module | Description | Staff | Venue and max group size | Your choice 1-3 |
|-----------|---|---|---|--------------------|
| Cycling | Basic cycling skills. We have a number of bicycles to borrow from school but ideally bring your own | Mrs Sloan with coaches from Bradford Cycling | Yard 18 | |
| Athletics | Athletics/multi-skills - running, jumping and throwing | Mr Garlick | Field 26 | |
| OAA | Map work and group challenges (including a trip to Fanwood Activity Centre) | Mrs Kroon | School grounds and Fanwood Activity centre 16 | |

<u>Summer Half Term 2 (June - July)</u>

| Module | Description | Staff | Venue and max group size | Your choice 1-3 |
|-----------|--|------------|---|--------------------|
| Athletics | Athletics/multi-skills - running, jumping and throwing | Mr Garlick | Field 26 | |
| OAA | Map work and group challenges (including a trip to Fanwood Activity Centre) | Mrs Kroon | School grounds and Fanwood Activity centre 14 | |
| Dance | All around the world | Mrs Sloan | Hall 20 | |

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Don't forget to add your child's name!

