

Physical Education 2016-17



Year 3

Here at Farfield, we greatly value school sports and PE. We have a very proud history of success in school competitions but we are equally proud of the broad and inclusive PE offer that we are able to offer to our children. This is supplemented by a wide range of extra-curricular sporting opportunities.



PE will take place for Year 3 on **Thursdays**. PE will take the whole afternoon: a session of 'Speed, Agility and Quickness' activities followed by a module of PE. We would like your child to have an element of choice for their main PE lesson but also need to ensure that we provide a broad PE curriculum. This year we will be joined by 10 year 3 children from Westroyd School and their teacher Mrs Crompton for our PE lessons.



Inside this booklet, you will find a selection of modules for the academic year. Please make a choice of your preference for each half term. **To ensure your child gets a balanced curriculum, we would like all children to do one half-term of cheerleading, gymnastics and athletics during the course of the year.** Where possible, we will endeavour to allocate your child's preferred selections but please note that there are group size limits for some activities.



Please return this booklet to school by Friday 9th September. Don't forget to add your child's name!

Name _____

Autumn Half Term 1 (Sept-Oct)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Athletics	Athletics/multi-skills - running, jumping and throwing	Mrs Daniels	Grounds 20	
Tennis	Tennis skills and drills	Mr Sharp	Yard 14	
Games	Netball/Benchball	Mrs Crompton	Yard 16	
Football	Football skills and drills	External instructors	Field 20	

Autumn Half Term 2 (Nov – Dec)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Gymnastics	Gymnastic skills	Mrs Daniels	KS1 hall 24	
Games	Invasion games	Mr Sharp	Field 12	
Tennis	Tennis skills and drills	Mrs Crompton	Yard 10	
Cheerleading	Cheerleading	External instructors	KS2 hall 24	

Spring Half Term 1 (Jan – Feb)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Gymnastics	Gymnastic skills	Mrs Daniels	KS1 hall 24	
Games	Tag Rugby	Mr Sharp	Field 10	
Games	Netball/Benchball	Mrs Crompton	Yard 12	
Cheerleading	Cheerleading	External instructors	KS2 hall 24	

Spring Half Term 2 (Feb - March)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Gymnastics	Gymnastic skills	Mrs Daniels	KS1 hall 22	
Games	Tag Rugby	Mr Sharp	Field 14	
Games	Netball/Benchball	Mrs Crompton	Yard 12	
Cheerleading	Cheerleading	External instructors	KS2 hall 22	

Summer Half Term 1 (April - May)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Athletics	Athletics/multi-skills - running, jumping and throwing	Mrs Crompton	Field 26	
Tennis	Tennis skills and drills	Mr Sharp	Yard 12	
Football	Football skills and drills	External instructors	Field 20	
Boxercise, aerobics and Zumba	Exercise and fitness	Mrs Daniels	KS2 hall 12	

Summer Half Term 2 (June - July)

Module	Description	Staff	Venue and max group size	Your choice 1-4
Athletics	Athletics/multi-skills - running, jumping and throwing	Mrs Daniels	Field 24	
Tennis	Tennis skills and drills	Mr Sharp	Yard 14	
Games	Netball/Benchball	Mrs Crompton	Yard 12	
Football	Football skills and drills	External instructors	Field 20	

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Don't forget to add your child's name!**

