### **Outreach**

**Jess** and **Steph** are our Family Outreach Workers.

Jess supports families with children aged 0-5 years.

**Steph** supports families with children aged 5-11 years.

We can support you both in the home, at the centre or in the community.

Some families ask for support with a specific issue, whilst others want to chat through their worries or achievements.

We offer information on childcare, training, activities and groups in the community.

For more information please contact Vicky, Jess and Steph.

## **Charging Policy**

Since September 2014 there is now a £2 charge per child for crèche. Some of our adult learning courses include charges for registration fees. You will be asked to pay your registration fees **or** crèche, not both.

Play and Learn Group is 50p per session.

Parent and Toddler is £1 per child.

Baby Massage @ FCCC £20.

We want children and families to attend our activities so if these charges will prevent you from attending please speak to a member of staff.

### Who We Are....

Vicky Evans—Centre Manager

Jane Hickson—Administrator

Jess Graham— Outreach Worker 0-5

Steph Cridland - Cluster Outreach Worker 5-11

## **Useful Numbers**

Police (Non emergency)

101

**NHS Helpline** 

111

Leeds Domestic Violence Helpline

0113 246 0401

National Domestic Violence Helpline

0808 2000247

Men's Domestic Violence Advice Line

0808 8010327

Support After Rape and Sexual Violence Leeds

0808 802 3344

**Pudsey Health Centre** 

0113 295 3200

Children's Centre Advice Service (Formally CAB)

0113 2753498

Leeds Dental Advice Line

0800 2985787

**Family Information Service** 

0800 7310640

www.familyinformationserviceleeds.co.uk

What's On at......
Farsley/Calverley
Children's Centre



Farsley/Calverley Children's Centre offers a wide range of groups and activities for local families with children age 0-5 years.

#### Contact us

Farsley/Calverley Children's Centre
Farsley Farfield Primary School
Infant Site, (North Building), Cote Lane
LS28 5ED

Tel: 0113 2058134

Email:childrenscentre@farsleyfarfield.org.uk
www.facebook.com/farsleycalverleychildrenscentre

## Monday

#### **Childminders Drop In**

9:15-10:45am

Group for registered childminders and the children in their care to take part in a fun learning experience.

Contact **Nicola Anderson** for more information. 07794 832587.



## Tuesday

Family Learning—Parent Smart

10 week course

Starts Tuesday 25th April 2017 9:00-11:30am

A fun and creative group for adults to encourage children's learning through play and story telling.

Crèche available. Booking is essential.

Please contact the **centre** for more





#### Well Baby Clinic

1:00-3:00pm

**Appointment only** baby clinic.

10 minute appointments available 1.00-2.50pm.

To book an appointment

please contact Bramley Clinic on 0113

**843 0500**. Please bring your red book.



## Wednesday

## Parent and Toddler Group 9:00-10:45am

A fun session for children to enjoy new experiences and meet other children.

Please contact **Vicky** and **Jess** at the centre.

#### Pregnancy Birth and Beyond

A supportive course for parents to be that helps prepare you and your family for the arrival of your baby and after birth experiences.

Speak with your **midwife** or **Health Visitor** for more information.

## **Thursday**

Baby Massage (5 week course)

Next course starts Monday 5th June 2017 1.00-2.00pm

Come and join **Vicky** to learn techniques to massage your baby in line with the IAIM.

**Booking is essential**.

Contact the centre to book your place.



#### Parent Space

#### **Appointment only**

One-to-one time to explore emotions and share worries you may have about your child.

Contact the **centre** for more information.

## **Friday**

# Paediatric First Aid for Parents Individual sessions 10-12pm on the following dates

Friday 21st April Friday 28th April Friday 5th May Friday 12th May

Course for parents to learn basic First Aid.

Covering choking, CPR and injuries for babies and children. Course is FREE to attend but donations to Children's Centre are welcome. Parents can bring babies to the sessions.

# Play and Learn for under 2's 2:00-3:15pm

A chance to meet parents and enjoy fun activities with your child.

Contact **Jess** at the centre for more information.

